Managers and Supervisors: Please share this message with staff who do not have access to a computer at work and encourage them to visit the <u>employee portal</u> on ELI frequently for updates.

COVID-19 Updates & Resources – April 8

If you have questions about how COVID-19 is impacting you in the workplace, please feel free to send them to covid19staffsupport@toronto.ca.

City Manager's virtual town hall - tomorrow

Join City Manager Chris Murray's virtual town hall tomorrow at 1 p.m. online at <u>toronto.rev.vbrick.com/#/webcasts/town-hall</u> from any computer or smart device. If you can't access a computer, you can join by phone at 855-714-2001 (Conference ID: 1716).

Chris will talk about the City's response to COVID-19 and its impacts on staff, as well as host a Q&A session. You can submit your questions for Chris during the event or in advance at <u>news@toronto.ca</u>. We realize not everybody will be able to participate tomorrow so the town hall will be available on demand after the event. Hope to see you virtually tomorrow!

Happy Passover

Tonight is the first night of Passover. Wishing everybody celebrating a happy and healthy Passover! Please stay safe and celebrate virtually.

Celebrating our everyday heroes

Check out this photo of the dedicated third floor staff at Seven Oaks, one of the 10 Cityoperated long-term care homes. Thank you for your work caring for some of our most vulnerable residents during this challenging time.



Have an inspiring story to share about our everyday heroes during the COVID-19 pandemic? Send it to <u>news@toronto.ca</u>.

Setting up a healthy workspace at home

Just a reminder that we have a <u>tip sheet</u> to help you set up your work from home space in the most effective and healthy way.

Mental health resources

It's normal to experience stress and anxiety in the face of circumstances we cannot control. If you are struggling to cope, the Employee Assistance Program is here to help. Professional counsellors are available by phone 24 hours a day, seven days a week, including statutory holidays. Contact the EAP by calling 416-392-6633. We also have resources and tools for City staff and managers on our Mental Health in the Workplace website, which is accessible to all staff at toronto.ca/workplacementalhealth.

Questions? Email: covid19staffsupport@toronto.ca / Information line: 416-338-0016

Useful resources

ELI (toronto.csod.com)

InsideTO (http://insideto.toronto.ca/coronavirus/index.htm)

toronto.ca/covid19